Susan Moore Rodgers, MS, RDN, LDN

Susan Moore Rodgers received her Master of Science in Clinical Nutrition from Texas Woman’s University. She has been a registered and licensed dietitian/diabetes educator for over twenty years counseling patients at several places including the Nutrition Clinic at Heritage Valley Health System in Beaver, PA, the Regional Diabetes Education Center in Hudson, FL, and at the University of Colorado Health Sciences Center in Aurora, CO.

She completed the Integrative and Functional Nutrition Academy (IFNA) training program and received her IFNA credential, scoring in the top 1% of her peers. She became interested in integrative and functional nutrition when she discovered that conventional nutrition approaches did not always work for her patients. Functional nutrition uses an individualized approach focusing on the root cause of illness. She uses a whole-foods and food-as-medicine approach to help patients improve the root cause of their ailments. She specializes in general nutrition/wellness, diabetes, heart disease, weight management, digestive disorders, food sensitivities/allergies, and pain conditions.

Other interests include cycling, gardening, knitting and music. She holds a Master and Bachelor of Music in clarinet performance from Rice University in Houston, TX.