

Dr. Bill Howrilla, DC, CFMP Biography 1/27/2019

About Dr. Bill Howrilla.

Dr Bill graduated from Penn State with a BS degree in Human Physiology 1987 and then from Logan College of Chiropractic in 1991. He soon after began his focus on Clinical Nutrition, CRA (Contact Reflex Analysis) and Functional Medicine to find answers for his chronically ill patients, both young and old.

Utilizing CRA, Dr. Bill analyzes energy flows utilizing specific contact points on the body. Organ systems can be assessed for imbalances to help patients, **“Manage their health, not their disease.”** This is a technique of analysis, not diagnosis.

Because of CRA’s simple assessment for Nutritional, Structural and Emotional imbalances, a person can focus on their wellbeing, construct a plan, and make adjustments along the way. They can also find the hidden answers to the causes of a chronic imbalance that is affecting their health.

Dr. Bill has studied under brilliant minds in Holistic Health, such as:
Dr Jeffery Bland, Dr. Dick Versendaal, Dr. George Goodheart, Dr. Harry Eidenier, and Dr. Ron Grisanti.

Our body’s and mind’s are constantly under assault from: Emotional stress, Chemicals, Physical stress, Toxins, Viruses, Parasites and Electromagnetic radiation, all as we live, work and play. Imbalances lead to causes and then to illnesses.

My Areas of Expertise: Chiropractic (Spinal and Extremity), Contact Reflex Analysis (CRA), Functional Medicine, Clinical Nutrition, and Anti-Aging health management.

“I feel privileged and excited to be practicing the future of health care today, CRA and Functional Holistic Medicine.”

“I’ve been in practice since 1991 and I’ve never been more thrilled to deliver exactly what the people want and need when it comes to regaining health, staying young, staying vibrant, staying healthy, and for managing their family’s health.”